



Date: \_\_\_\_\_

## Adult History Form

### GENERAL INFORMATION

Full Name: \_\_\_\_\_ Goes by: \_\_\_\_\_

Street Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  Male  Female

Occupation: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

Email: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Spouse's Occupation: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

How did you hear about our center? \_\_\_\_\_

Who is your medical insurance carrier? \_\_\_\_\_

### **IMPORTANT**

- All paperwork needs to be brought to the appointment completed and ready for review at time of arrival.
  - **Take a picture of your completed paperwork as a backup.**
- If paperwork is not completed when you arrive, you may be asked to reschedule the appointment.
- Arrival time is 15 minutes before scheduled appointment time to allow for paperwork review.

All evaluations take place at our main office:  
9531 West 78<sup>th</sup> Street #200, Eden Prairie, MN 55344

**PRESENT SITUATION**

Reason for evaluation: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any observations concerning your vision: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

At what age did the problem begin and under what circumstances: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has the problem become better or worse? \_\_\_\_\_ Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does anyone else in the family have a similar problem? \_\_\_\_\_  
\_\_\_\_\_

**MEDICAL HISTORY**

List any illnesses, seizures, accidents, surgeries, fevers, that you have experienced:

<b>Illness/Injury</b>	<b>Age</b>	<b>Severity</b>	<b>Complications (if any)</b>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Have you ever been diagnosed with ADD, ADHD, LD, Dyslexia, Autism/Autism Spectrum Disorder or any other diagnosis?  Yes  No  Other: \_\_\_\_\_  
\_\_\_\_\_

List any prescription or over-the-counter medication(s) currently being taken, dosage, name and reason: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you aware of any pre- or post-natal issues at the time of your birth? \_\_\_\_\_  
\_\_\_\_\_

List any developmental delays as a child (crawling, walking, talking, shoe tying, bike riding, etc): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**VISUAL HISTORY**

Have you had a comprehensive eye exam with an Optometrist or Ophthalmologist?  Yes  No

If yes, when was your last eye exam? \_\_\_\_\_

Clinic name and city: \_\_\_\_\_

Were glasses recommended at any of your previous vision examination(s)?  Yes  No

Are they used?  Yes  No If yes, when? \_\_\_\_\_

If not used, why not? \_\_\_\_\_

Were treatment recommendations made?  Yes  No If yes, explain: \_\_\_\_\_

Was the treatment program followed?  Yes  No

Was the treatment effective?  Yes  No

Have vision therapy services been pursued previously?  Yes  No

If yes, explain: \_\_\_\_\_

Members of the family who have had vision treatment and why?

Name	Age	Visual Condition/Treatment
_____	_____	_____
_____	_____	_____
_____	_____	_____

**EDUCATIONAL HISTORY**

Highest grade completed in school: \_\_\_\_\_ Did you enjoy school?  Yes  No

Describe any school difficulties you experienced: \_\_\_\_\_

Do you like to read?  Yes  No Do you prefer audio books over reading?  Yes  No

**DAILY ACTIVITIES**

How many hours daily do you spend at a desk? \_\_\_\_\_

How much time do you spend in front of a screen including time at work as well as: TV, iPad, computer, smart phone, video games, etc.)? \_\_\_\_\_

Viewing distance? \_\_\_\_\_

How do your eyes feel after working on a screen? \_\_\_\_\_

Do you feel you are getting adequate return for the amount of effort you put in?  Yes  No

If no, explain \_\_\_\_\_

**INTERESTS AND HOBBIES**

What hobbies and activities do you most enjoy? \_\_\_\_\_  
\_\_\_\_\_

What hobbies and activities do you least enjoy? \_\_\_\_\_  
\_\_\_\_\_

Are you involved in any organized sports activities or teams?  Yes  No

If so, what? \_\_\_\_\_

**HOME ENVIRONMENT**

Who lives in the home? Please give ages, gender, and relationship:

<b>Name</b>	<b>Age</b>	<b>Gender</b>	<b>Relationship</b>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Briefly describe your personality: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there any other information you feel would be helpful/important for your evaluation?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_