



CONCUSSION / BRAIN INJURY SYMPTOM CHECKLIST

Name: _____ Date: _____

Mark the symptoms that apply. Additional symptoms on the back of this checklist.

- Dizziness
- Headaches
- Disorientation
- Bothered by movement in spatial world
- Light sensitivity
- Problems with balance
- Easily distractible
- Bothered by noises in the environment
- Covering, closing one eye
- Blurred vision at distance and/or near
- Double vision
- One eye turns in or out
- Decreased attention span
- Reduced concentration ability
- Print seems to move or go in and out of focus while reading
- Letters or lines run together or jump on the page while reading
- Loss of place while reading
- Skipping lines or words while reading
- Rereads words and lines
- Difficulty remembering what has been read
- Slow to shift focus
- Unable to sustain near work or reading
- Difficulty taking notes
- General discomfort while reading
- Eyes get sore/tired while reading
- General fatigue while reading
- Poor eye-hand coordination
- Difficulty tracking moving objects
- Clumsiness / poor coordination

continued on other side...

CONCUSSION / BRAIN INJURY
SYMPTOM CHECKLIST

- Head tilt
- Carsickness or motion sickness
- Poor handwriting
- Feel sleepy while reading
- Restless when performing near-point tasks
- Loss of awareness of surroundings when concentrating
- Must “feel” things to “see” them
- Pulling or tugging sensation around eyes
- Poor posture
- Unusual blinking
- Unusual eye rubbing
- Dry eyes
- Watery eyes
- Red eyes

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