



## **Functional Vision Symptom Checklist**

Patient Name \_\_\_\_\_

Any of the following symptoms may indicate a functional vision problem. Please read and mark the symptoms that occur. This is a critical step in helping us understand the type and amount of functional vision problem that may exist.

Check all that apply:

- Skip lines while reading or copying
- Skip words while reading or copying
- Lose your place while reading or copying
- Substitute words while reading or copying
- Reread words or lines
- Reverse letters, numbers or words
- Confuse right and left directions
- Confuse similar words and letters
- Experience poor reading comprehension
- Experience difficulty remembering what you have read
- Notice your comprehension decreasing the longer you read
- Hold your head very close (within 7-8 inches) to your reading and/or writing material
- Squint, close or cover one eye while reading
- Tilt your head in an unusual posture when reading or writing
- Use a finger or marker to keep place while reading or writing
- Read very slowly
- Experience headaches after intense visual activities such as reading or computer work
- Notice that your eyes hurt or feel tired after close work
- Feel unusually tired after completing a visual task
- Find that letters or lines “run together” when reading
- Find that words appear to jump on the page when reading
- Notice that print seems to move or go in and out of focus when reading
- Notice that vision blurs at a distance when looking up from near work
- Experience double vision
- Experience poor spelling skills
- Experience crooked or poorly spaced writing
- Misalign letters and numbers
- Make errors when copying
- Tend to lose awareness of surroundings when concentrating

## **FUNCTIONAL VISION SYMPTOM CHECKLIST**

- Dislike tasks requiring sustained concentration
- Notice your mind wandering while reading
- Feel sleepy while reading
- Become restless when working at a desk
- Experience difficulty tracking moving objects such as balls, etc.
- Find you must “feel” things to see them
- Experience unusual clumsiness or poor coordination
- Experience difficulty with eye-hand coordination sports such as baseball, etc.
- Experience difficulty with activities requiring good eye-body coordination such as dancing
- Suffer from carsickness or motion sickness
- Experience unusual blinking
- Experience unusual eye rubbing
- Experience symptoms of possible eye strain including:
  - Dry eyes
  - Watery eyes
  - Your eyes are red
  - Your eyes are frequently sore
  - Eyelid twitches
  - Sensitivity to light
- Experience difficulty using binoculars
- Experience difficulty judging distances
- Experience discomfort in crowded areas with excessive movement
- Experience an eye that turns in or out
- See more clearly with one eye than the other with best glasses prescription –  
Right eye or Left eye