Functional Vision Symptom Checklist

Patient Name_____________________________________________

Any of the following symptoms may indicate a functional vision problem. Please read and mark the symptoms that occur. This is a critical step in helping us understand the type and amount of functional vision problem that may exist.

Check all that apply:
☐ Skip lines while reading or copying
☐ Skip words while reading or copying
☐ Lose your place while reading or copying
☐ Substitute words while reading or copying
☐ Reread words or lines
☐ Reverse letters, numbers or words
☐ Confuse right and left directions
☐ Confuse similar words and letters
☐ Experience poor reading comprehension
☐ Experience difficulty remembering what you have read
☐ Notice your comprehension decreasing the longer you read
☐ Hold your head very close (within 7-8 inches) to your reading and/or writing material
☐ Squint, close or cover one eye while reading
☐ Tilt your head in an unusual posture when reading or writing
☐ Use a finger or marker to keep place while reading or writing
☐ Read very slowly
☐ Experience headaches after intense visual activities such as reading or computer work
☐ Notice that your eyes hurt or feel tired after close work
☐ Feel unusually tired after completing a visual task
☐ Find that letters or lines “run together” when reading
☐ Find that words appear to jump on the page when reading
☐ Notice that print seems to move or go in and out of focus when reading
☐ Notice that vision blurs at a distance when looking up from near work
☐ Experience double vision
☐ Experience poor spelling skills
☐ Experience crooked or poorly spaced writing
☐ Misalign letters and numbers
☐ Make errors when copying
☐ Tend to lose awareness of surroundings when concentrating

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FUNCTIONAL VISION SYMPTOM CHECKLIST

- Dislike tasks requiring sustained concentration
- Notice your mind wandering while reading
- Feel sleepy while reading
- Become restless when working at a desk
- Experience difficulty tracking moving objects such as balls, etc.
- Find you must “feel” things to see them
- Experience unusual clumsiness or poor coordination
- Experience difficulty with eye-hand coordination sports such as baseball, etc.
- Experience difficulty with activities requiring good eye-body coordination such as dancing
- Suffer from carsickness or motion sickness
- Experience unusual blinking
- Experience unusual eye rubbing
- Experience symptoms of possible eye strain including:
  - Dry eyes
  - Watery eyes
  - Your eyes are red
  - Your eyes are frequently sore
  - Eyelid twitches
  - Sensitivity to light
- Experience difficulty using binoculars
- Experience difficulty judging distances
- Experience discomfort in crowded areas with excessive movement
- Experience an eye that turns in or out
- See more clearly with one eye than the other with best glasses prescription – Right eye or Left eye